



FOUNDATIONS OF COMMUNITY MENTAL HEALTH SUPPORT

RESOURCE DIRECTORY 2023



THE
Women's
INITIATIVE


ORTHODOX
UNION
תורה ומצוות

Dear Fellowship Cohorts 2022 and 2023,

Over the past few months, through the OU WI Foundations of Community Mental Health Support Fellowship and Conference, you've been introduced to psychological concepts that may have initially felt daunting or overwhelming. The hope is that now you feel supported and empowered to face these challenges with your newfound knowledge. This confidence will in turn have a positive impact on your community.

With the valuable skills and tools you've acquired, it's crucial to recognize the significance of seeking support from external sources. In the wise words of Shlomo HaMelech from Kohelet: *טובים השנים מן האחד אֲשֶׁר יִשְׁלְהֶם שָׂכָר טוב בעמלם*—*"two are better than one, because they have a good reward for their labor."*

As a Rebbetzin, Kallah Teacher, Chinuch and/or Kiruv Professional, you may feel that while possessing the necessary tools, you face challenges alone. The strength of our community lies in the abundance of available resources ready to provide assistance. Countless organizations focus on various areas and offer help to diverse individuals. Joining forces with an external organization to support someone in need is far more impactful than navigating these issues independently because there is a "good reward for their labor." By utilizing nationally available resources, you not only help those you're assisting but also feel supported in your efforts. What a good reward it is!

While this directory isn't comprehensive, it serves as an excellent starting point to find assistance when you or someone you're helping requires it. Remember, you're not alone in your dedication to caring for the community. This directory serves as a valuable resource to discover available organizations and support. I hope this list helps guide you in the right direction and serves as a reminder that you have a network of support in your mission to help *Klal Yisrael*.

Warmly,



Rebbetzin Dr. Adina Shmidman
Founding Director, OU Women's Initiative

Links are clickable and current as of October 2023

DISCLAIMER

The information provided herein is intended for informational purposes only and is not an all-inclusive list of available resources. It does not address the circumstances of any individual or entity and should not be construed as any form of professional advice. The Orthodox Union has not reviewed or investigated, and accepts no responsibility or liability for the accuracy, completeness, legality, or reliability of any of the information provided herein, including but not limited to, any of the services being provided by any of the listed resources or any descriptions of organizations that do not match the actual services offered. You understand that you assume the risk of any decisions you make based on this information, including but not limited to, whether the organization is the proper resource for the issue being addressed.

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
Amudim Community Resources	Amudim is a confidential resource center that provides meaningful assistance, enduring support and direct referrals for individuals and families impacted by sexual abuse, neglect, addiction, mental health concerns and other crisis-related matters.	amudim.org	<i>Amudim is staffed by mental health professionals who provide case management services for those who call. The case manager is the point of contact. Myriam Lankry, Clinical Director 646-517-0222 ext. 202 mlankry@amudim.org</i>
Magen Yeladim International	MYI is dedicated exclusively to child safety and child abuse prevention programs providing awareness, education and support. Mrs. Debbie Fox is the Founder and Director of Magen Yeladim International.	mychildsafetyinstitute.org	<i>323-424-4530 info@magenyeladim.org</i>
Ohel Family Services	Ohel's domestic abuse department is a Brooklyn-based program that works with women experiencing partner abuse to help unravel the mystery of abuse and make sense of what they are experiencing in relationships. Services are free, sensitive and confidential. Ohel is a multi-faceted social services organization that provides a multitude of therapeutic, family and social services for children and adults. In addition to the domestic abuse program described here, Ohel offers dozens of additional services to those not experiencing abuse but can benefit from support, intervention, services and therapy.	ohelfamily.org	<i>Referrals for domestic abuse services begin by reaching Ohel's centralized Access (intake) department at 718-851-6300 or access@ohelfamily.org. Shaindy Urman, Clinical Director 718-686-3252 shaindy_urman@ohelfamily.org</i>
Ray of Hope	Ray of Hope is an organization dedicated to providing support to Jewish women and men who have experienced sexual abuse. Available services range from peer support groups, events and care management to trainings for organizations and community leaders. Ray of Hope provides bi-weekly confidential support groups run by trauma informed professionals, care packages, individualized care management, resources for survivors and member-wide annual events.	rayofhopeus.org	<i>Potential members may reach Ray of Hope's member coordinator and director of intake via website, email or phone. Avigayil Resnick, Member Services Coordinator 845-600-1185 info@rayofhopeus.org</i>
Shalom Task Force	The mission of Shalom Task Force is to combat and prevent domestic violence and foster healthy and safe relationships and families. Their services include a confidential hotline and chatline, free legal services and community education workshops.	shalomtaskforce.org	<i>Hotline: Call, Text & WhatsApp 888-883-2323 Legal: Call or Text 212-742-1110 Education: education@shalomtaskforce.org Shana Frydman, Executive Director sfrydman@shalomtaskforce.org</i>

Additional Organizations Addressing Abuse

Informed Behavioral Health	<i>See Mental Illness Prevention and Treatment</i>
ORA	<i>See Marriage and Divorce</i>
Relief Resources	<i>See Mental Illness Prevention and Treatment</i>

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
Amudim Community Resources	Amudim is as a confidential resource center that provides meaningful assistance, enduring support and direct referrals for individuals and families impacted by sexual abuse, neglect, addiction, mental health concerns and other crisis-related matters.	amudim.org	<i>Amudim is staffed by mental health professionals who provide case management services for those who call. The case manager is the point of contact.</i> <i>Myriam Lankry, Clinical Director</i> <i>646-517-0222 ext. 202</i> <i>mlankry@amudim.org</i>
Communities Confronting Substance Use & Addiction (CCSA)	CCSA was founded with the goal of creating stigma-free Jewish communities through family support groups, community awareness events and evidence-based prevention education programming for Jewish middle and high school students, faculty and parents. CCSA provides education on this issue to shuls, organizations and schools. They provide support groups for families of those with addiction. CCSA has recently joined forces with Ohel to continue their work on substance abuse prevention and education.	jewishccsa.org	<i>lianne.forman@jewishccsa.org</i>

Additional Organizations Addressing Addictions

Informed Behavioral Health	<i>See Mental Illness Prevention and Treatment</i>
Madraigos	<i>See Family & Community Services</i>
Ohel Family Services	<i>See Abuse</i>
Project Extreme	<i>See Family & Community Services</i>
Relief Resources	<i>See Mental Illness Prevention and Treatment</i>

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
JOWMA Jewish Orthodox Women's Medical Association	JOWMA is a public health organization serving the Orthodox Jewish community, providing health events, speakers, webinars and support for Jewish female physicians and trainees.	jowma.org	<i>Sheindel Ifrah, COO-CFO</i> sifrah@jowma.org admin@jowma.org
JWOW! Jewish Women of Wisdom	JWOW! is an online community for midlife Jewish women, addressing the unique contemporary challenges and opportunities that they face. JWOW! provides a peer-to-peer environment for empty nesters to connect, communicate and grow through programming, forums, etc.	jewishwomenofwisdom.org	<i>Faigie Horowitz, Co-Founder</i> hello@jewishwomenofwisdom.org
Kesher Families	Kesher Families works with frum families who have a loved one who identifies as LGBTQ+ to help prevent or heal a rupture. There is no fee for support for families. There is a charge for working with schools, communities and organizations.	kesherfamilies.org	<i>Daniela Bronstein, Executive Director/ Support Group Director</i> 833-537-4373 ext. 2 dani@kesherfamilies.org
Ohr Naava	Ohr Naava is the global movement of inspiration, education and strength for Jewish women, the bedrock of Klal Yisrael. Founded by Rabbi Zechariah Wallerstein ZT"L, their six divisions reach over a million women and girls annually. As long as women in Klal Yisrael desire resources for connection, expression and support, Ohr Naava will innovate to provide them. Ohr Naava has six unique divisions that assists and supports girls and women in different stages and situations in life. There is a high school, two different seminaries, a therapeutic program for women who have experienced trauma, a crisis hotline and programming for college-age and working women.	ohrnaava.com	718-647-6228 info@ohrnaava.com
OU Gen Aleph	GenAleph is a parenting program for the Torah community. Research-based and built around the needs of the Jewish community, Gen Aleph looks forward to partnering with shuls and schools throughout the community.	genaleph.org	<i>Rabbi Phil Karesh, Director</i> hi@genaleph.org
OU SPIRIT Initiative	SPIRIT is the Stimulating Program Initiative for Retirees that Inspires Thought. It is for Retirees, Not-Yet Retirees, Baby Boomers, Seniors, etc., offering weekly Zoom programs on numerous topics.	ou.org/spirit	<i>Individuals may register through the website. Synagogues may partner with OU SPIRIT to promote the program to their constituents. For questions, or to become a partner synagogue, reach out to Rebbetzin Judi Steinig</i> steinigj@ou.org
Project Extreme	Project Extreme provides innovative programs and solutions for Jewish teens at risk, their families and communities. Each program has been designed to ensure maximum therapeutic, fun, social and positive outcomes leading to a healthy, productive future. Project Extreme offers a variety of programs - camp, shabbatons, Yom Tov, Miryam's House. Please call their office to discuss which program would best suit your needs.	projectextreme.org	<i>Lisa Hawk, Director of Operations</i> 516-612-3922
The Digital Citizenship Project	The Digital Citizenship Project helps communities and families maximize the benefits of the internet while minimizing its inherent risks. They work with providing resources to all stakeholders, school personnel, parents and community Rabbonim. They provide services through community resources, schools and shuls.	thedigitalcitizenship.com	<i>Temima Feldman, Associate Director</i> temima@thedigitalcitizenship.com

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Additional Organizations Addressing Family & Community Services	
Camp HASC	<i>See Special Needs</i>
Chai Lifeline	<i>See Medical Illness and Bereavement</i>
Madraigos	<i>See Mental Illness Prevention and Treatment</i>
My Extended Family	<i>See Single-Parent Homes</i>
NechamaComfort	<i>See Infertility, Pregnancy and Infant Loss</i>
Ohel Family Services	<i>See Abuse</i>
Rachel's Place	<i>See Mental Illness Prevention and Treatment</i>
RCCS	<i>See Medical Illness and Bereavement</i>
Shalom Task Force	<i>See Abuse</i>
SHIFRA (In Shifra's Arms)	<i>See Infertility, Pregnancy and Infant Loss</i>
The Friendship Circle	<i>See Special Needs</i>
Yachad (OU)	<i>See Special Needs</i>
Yahalom	<i>See Special Needs</i>
YUConnects	<i>See Marriage and Divorce</i>

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
ATIME	ATIME provides medical guidance and emotional support via its 24-hour helpline, Shabbatonim, local events and monthly phone supports.	atime.org	ATIME office: 718-686-8912 Special kallah teacher ext. 306 Chumi Friedman, Pregnancy and Infant Loss Support Program: 718-686-8912 ext. 225 Brany Rosen, Founder and Director of Member Services: 718-686-8912 ext. 251
Bonei Olam	Bonei Olam has set its mission to provide the means or resources necessary to allow childless couples facing infertility the opportunity to pursue medical fertility treatment. Bonei Olam provides support to a couple facing infertility, at every step of the way. This includes medical referrals, counselor support, advocacy, and if needed, financial assistance. Bonei Olam currently has 27 chapters around the world.	boneiolam.org	Main medical office: 718-373-2000 Visit website for contact information for the 27 local Bonei Olam chapters.
I Was Supposed To Have A Baby	IWSTHAB utilizes social platforms to provide mental health resources, alleviate fertility and loss-related stigmas and create community.	iwassupposedtohaveababy.org	Follow their social media channels or join support groups/counseling through the website. Lielle Sugar, Director of Programming lielle@iwassupposedtohaveababy.org
Knafayim	Knafayim is an organization confronting the challenges and supporting families experiencing perinatal and infant loss. They offer support, guidance and education.	knafayimwings.org	Malkie Klaristenfeld, Founder and Director: 718-925-2113 info@knafayimwings.org
NechamaComfort	NechamaComfort is a global organization dedicated to helping Jewish families and communities who experience pregnancy and infant loss. Case managers offer guidance and support to help the family going through their fertility journey. NechamaComfort offers services to help the entire family, community leaders, Rabbis and Rebbetzins.	nechamacomfort.org	Hotline: 1-833-NECHAMA (632-4262) Info@nechamacomfort
PUAH	PUAH provides individualized medical and halachic fertility guidance by their Rabbinic counselors, financial assistance, emotional counseling through the PUAH Cares team, as well as lab supervision during fertility treatments.	puahfertility.org	Lea P. Davidson, Executive Director 888-993-7824 contact@puahfertility.org lpdavidson@puahfertility.org
SHIFRA (In Shifra's Arms)	SHIFRA is a unique Jewish network for Jewish women in the US, nurturing women through unplanned pregnancy crises and empowering them to flourish as women and mothers. SHIFRA offers professional counseling, financial aid and a lifetime of parenting support. SHIFRA counselors are clinical professionals. They do not provide halachic or medical guidance on abortion or take any political stance on related issues.	jewishpregnancyhelp.org	Make an appointment via Textline to receive information: 646-632-8547 Erica Pelman, Executive Director 202-573-7611
Yesh Tikva	Yesh Tikvah provides free professional psychosocial services, resources and tools to those facing fertility struggles and raises awareness.	yeshtikva.org	Gila Block, Executive Director Emailsupport@yeshtikva.org

Additional Organizations Addressing Infertility, Pregnancy & Infant Loss

JOWMA	See Family & Community Services
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ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
Ani Ledodi Helpline	Ani Ledodi is an anonymous women's helpline addressing questions and concerns regarding intimacy with utmost discretion and complete anonymity. Calls are answered by trained professionals who are able to listen and provide information and appropriate referrals.	aniledodihelpline.org	<i>Helpline hours: M/W 8:30 PM-10 PM T/Th 9:30 AM-11 AM 646-746-4343 aniledodihelpline@gmail.com</i>
ORA	ORA seeks to eliminate abuse from the Jewish divorce process. ORA works for the timely and unconditional issuance of a get and believes that the protracted refusal to issue or receive a get is a form of domestic abuse which must never be tolerated. Separation and divorce can be a challenging and lonely time in a person's life. ORA's staff has years of experience in working with individuals experiencing personal challenges and is here to support with compassion and empathy. Individuals at any stage of the divorce process are welcome to contact ORA.	getora.org	<i>Rabbi Jonathan Hefter, Helpline Director intake@getora.org Office: 212-795-0791 Helpline: 844-673-5463 info@getora.org</i>
Sister to Sister	Sister to Sister serves as a comprehensive resource and support network for Jewish divorced women.	sistertosisternetwork.org	<i>Chaya Wechsler, Client Services Coordinator Contact Sister to Sister through the website.</i>
YUConnects	YUConnects offers social and educational resources for building healthy relationships for dating and marriage, as well as matchmaking initiatives for the full spectrum of Orthodoxy. Anyone can approach YUConnects for a host of available resources.	yuconnects.com	<i>Dr. Efrat Sobolofsky, Director esobolof@yu.edu</i>

Additional Organizations Addressing Marriage & Divorce

My Extended Family	<i>See Single-Parent Homes</i>
Ohel Family Services	<i>See Abuse</i>
Relief Resources	<i>See Mental Illness Prevention and Treatment</i>
Shalom Task Force	<i>See Abuse</i>

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
Chai Lifeline	Chai Lifeline is an international support network, providing social, emotional and practical assistance to children, families and communities impacted by medical crises and trauma through a variety of year-round programs and services.	chailifeline.org	<i>Dr. Cheryl Book, New York intakes 212-699-6634 Call the main number, 212-465-1300, to find your region.</i>
My Team	Confidential support for girls and women ages 13-30 with chronic illnesses, such as Crohn's, POTS, Diabetes and many similar conditions. My Team offers one-on-one mentor/peer support, daily interactive emails, monthly teleconferences and events.	myteamsupports.org	<i>When joining, new members have a brief phone meeting with an intake coordinator. 347-766-7306 info@myteamcares c/o Yaffa Baila, Office Manager office@myteamcares.co</i>
RCCS	In a world where crucial medical decisions need to be made, effective treatment plans must be settled, medical bills must be paid and battles with insurance companies are waged at every moment, RCCS is the ultimate resource to cancer patients. Whenever someone in their community hears the word cancer they should call RCCS.	rccscancer.org	<i>Lori Goldsheider, Intake Coordinator 718-722-2002 Ext. 619</i>
Samchainu	Samchainu's mission is to provide women with stability, resources and the support of belonging to a like-minded community after the devastating loss of a spouse. Their goal is "Bringing joy back to life!" They have events and services throughout the year.	samchainu.org	<i>Shani Waldman, Co-Founder 718-419-8690 Widows can apply directly to join by emailing info@samchainu.org.</i>
Sharsheret The Jewish Breast and Ovarian Cancer Community	Sharsheret provides psychosocial support to anyone impacted by breast or ovarian cancer or hereditary cancer mutations, including speaking with a social worker, genetic counselor, financial subsidies and much more. All support is confidential and free.	sharsheret.org	<i>Melissa Rosen, Director of Training and Education mrosen@sharsheret.org 201-833-2341 info@sharsheret.org</i>

Additional Organizations Addressing Medical Illness & Bereavement

JOWMA Jewish Orthodox Women's Medical Association	<i>See Family & Community Services</i>
Zisel's Links & Shlomie's Club	<i>See Single-Parent Homes</i>

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
Atzmi	Atzmi provides curricula for Jewish girls that work to improve self-compassion, body acceptance and reduce the focus on outward appearance, thereby reducing eating disorder onset and improving girls' mental health. They also offer workshops for parents and teachers as well. Atzmi programs are Torah and hashkafa as well as empirically based. They have haskama from HaRav Shmuel Irons of the Detroit Kollel.	atzmi.org	<i>Dr. Marcy Forta, Founder and Director marcy@atzmi.org</i>
Gila's Way	Gila's Way is a nonprofit organization which implements, educates and presents programs regarding mental health awareness and suicide prevention to help save lives. They address the difficult yet real issues of today so that people can face tomorrow. They are an Israeli nonprofit and offer programming worldwide.	Gilasway.com	<i>Go to their website, Gilasway.com or email info@rabbihammer.com.</i>
Informed Behavioral Health	Informed BH helps people with emotional, behavioral and psychiatric problems who need a higher level of care than traditional outpatient services. They provide consults and referrals, as well as assistance for families in navigating the entire process. Please note these are fee-based services.	informedbh.com	<i>For OUWI Fellowship 2022 and 2023 participants only: Email devora@informedbh.com with the code OUWI to schedule a free 15-minute phone consultation to discuss specific cases or to make referrals. Devora Follman, LCSW, Clinical Liaison for Higher Levels of Care 732-691-3261</i>
Madraigos	Madraigos is a crisis, assessment, referral and case management organization that provides free help for anyone struggling with a mental, behavioral or emotional difficulty. Madraigos provides a range of prevention programs for schools and communities.	madraigos.org	<i>Mindi Werblowsky, Clinical Director 516-371-3250 ext. 112</i>
Rachel's Place Shelter	Girls ready to move forward toward healthy independent living receive wraparound services in a group environment in Brooklyn.	rachelsplace.org	<i>Call 718-253-5364 to discuss appropriate fit, program details and available beds.</i>
Relief Resources	Relief Resources is a nonprofit organization, providing mental health guidance, education and treatment recommendations. Relief makes specific recommendations based on each unique circumstance.	reliefhelp.org	<i>Chani Kaiser, Relief Resources 718-431-9501 ext. 422</i>
The Long Short Road	The Long Short Road is a non-profit focused on fostering a resilient world through suicide prevention and community support.	thelongshortroad.com	<i>The warm-line supports individuals in crisis and provides referrals. Leigh Ioffe, Founder and Director 484-474-0544</i>

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Additional Organizations Addressing Mental Illness Prevention & Treatment

Amudim Community Resources	<i>See Abuse</i>
Ani Ledodi Helpline	<i>See Marriage and Divorce</i>
Communities Confronting Substance Use & Addiction (CCSA)	<i>See Addictions</i>
JOWMA Jewish Orthodox Women's Medical Association	<i>See Family & Community Services</i>
My Team	<i>See Medical Illness and Bereavement</i>
Ohel Family Services	<i>See Abuse</i>
SHIFRA (In Shifra's Arms)	<i>See Infertility, Pregnancy and Infant Loss</i>
The Digital Citizenship Project	<i>See Family & Community Services</i>

Resources for dealing with SINGLE-PARENT HOMES

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
My Extended Family	My Extended Family focuses its energies on making large and lasting impacts on children from single-parent homes through its after-school programs, community-building services and direct advocacy work.	myef.org	<i>Dalia Marcus, COO</i> dmarcus@myef.org
We're In It Together: Zisel's Links & Shlomie's Club	Zisel's Links & Shlomie's Club provide emotional support to children and teens who have experienced the death of a parent. They service English-speaking families in the US, Canada, Europe, South America, South Africa and Israel.	wereinittogether.org	<i>Widows/Widowers or primary caregivers of the children can contact the office for a basic intake. Others can call for information or guidance.</i> <i>Malky Nussenzweig</i> <i>718-305-6080 ext. 311</i> info@wereinittogether.org

Additional Organizations Addressing Single-Parent Homes

Samchainu	<i>See Medical Illness and Bereavement</i>
SHIFRA (In Shifra's Arms)	<i>See Infertility, Pregnancy and Infant Loss</i>

ORGANIZATION	DESCRIPTION	WEBSITE	CONTACT
Beineinu Special Needs	Beineinu is volunteer-based organization which provides a platform to share information and support to families and professionals dealing with special needs. Their website, www.Beineinu.org , contains a rapidly growing 4,600-page resource database and chizuk library. The website is a sharing tool where people can share information with each other. Please consult professionals before using any information on the site for medical or other purposes.	beineinu.org	<i>Golda Turner, U.S. Director</i> <i>OfficeGolda@Beineinu.org</i> 347-743-4900
Camp HASC	For more than fifty years, Camp HASC, a part of the Hebrew Academy for Special Children, has served the Jewish community as the premier summer program, in a camp setting, for individuals with special needs, intellectual and physical disabilities.	camphasc.org	<i>Mrs. Chaya Miller, Administrator</i> 718-686-2607 <i>cmiller@camphasc.org</i> <i>Avi Pollack, Program Director</i> <i>avipol61@gmail.com</i>
The Friendship Circle	The Friendship Circle offers programs for kids and teens with special needs and their families, as well as teen volunteer opportunities. Each FC branch is independent. Find a local branch and more information online.	friendshipcircle.com	<i>Zeesy Grossbaum, Director,</i> <i>Bergen County, NJ</i> 201-926-5333
Yachad (OU)	Yachad works to assist individuals with developmental disabilities and their families within the Jewish community. Their tagline "Because Everyone Belongs" fits so well with their mission of inclusion and helping developmentally disabled individuals reach higher than ever thought possible. Yachad has many services, which includes clinical services, family services, IVDU school, Day Hab and vocational programming, as well as Shabbatons and summer programs.	yachad.org	<i>Based on location, individuals should reach out to different Yachad staff for additional information.</i>
Yachad REACH (OU)	REACH is a resource and referral service for individuals with disabilities and their families. REACH assists families by guiding them to the correct vendor, service or therapist.	yachad.org/reach	<i>Deborah Rockoff,</i> <i>Director of National Programs</i> 877-732-2452
Yahalom	Yahalom is a central resource and referral center for special needs, assisting families in obtaining and accessing necessary help available in each state. Yahalom is a division of Agudath Israel of America.	yahalomunited.org	<i>IL: Fiona Kark, fkark@agudahil.org</i> <i>NJ: Chana Laniado, claniado@agudah.org</i> <i>NY: Tova Wacholder, twacholder@agudah.org</i>

Additional Organizations Addressing Special Needs

Ohel Family Services	<i>See Abuse</i>
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Make the **OU** Part of **YOU**

The multitude of departments at the Orthodox Union provide services and resources for you as communal leaders and for your communities. Take a few minutes to explore our colleagues' groundbreaking and impactful initiatives and learn how each one can support you in your work.

Community Projects & Partnerships

ou.org/community

Gen Aleph *(parenting)*

genaleph.org

Israel Free Spirit *(kiruv, tours)*

israelfreespirit.com

Living Smarter Jewish

(OU Financial resources for Jewish families)

livingsmarterjewish.org

Jewish Action magazine

jewishaction.com

NCSY

(youth programming and kiruv)

ncsy.org

OU Advocacy

advocacy.ou.org

OU Center for Communal Research

research.ou.org

OU Community Fair

communities.ou.org

OU Impact Accelerator

(nonprofit training)

accelerator.ou.org

OU Israel

ouisrael.org

OU-JLIC *(college campuses)*

oujlic.org

OU Kosher

oukosher.org

OUPress

oupress.org

Pepa & Rabbi Joseph Karasick Department of Synagogue Initiatives

ouservices.org

SPIRIT Initiative *(retirees)*

ou.org/spirit

TEACH Coalition

teachcoalition.org

Torah Initiatives

outorah.org

Women's Initiative

ouwomen.org

Yachad *(services and programming for developmentally disabled)*

yachad.org

Join the OU Women's Initiative Community



TORAH

Aseret Yemei Teshuvah and Pesach Publications

Counting Toward Sinai Audio Series

Ideas and Inspiration Chagim Programming

Mourning with Meaning Audio Series

Nach Shabbat Scholars-in-Residence

Max and Yetty Monderer a"h ALIT Virtual Summer Beit Midrash

Rosh Chodesh Lunch 'n Learn

Selichot Night of Inspiration

Tehillim 150 High School Initiative

Tisha B'Av Holding on to Faith Video

Torat Imecha Nach Yomi

Torat Imecha Parsha

Yemei Ratzon

Journaling Journey

LEADERSHIP

Art of Speaking Advanced Seminar

Art of Writing Advanced Seminar

Foundations of Community Mental Health Support Fellowship and Conference

Lay Leadership Summit and Professional Development

Leadership WhatsApp Groups

Mikvah Attendant and Director Professional Development

Mikvah Operations Consulting

Rebbetzin Elaine Wolf a"h Rebbetzin to Rebbetzin Mentoring

COMMUNITY ENGAGEMENT

Bat Mitzvah Mother-Daughter Curriculum

Challenge Grant Initiative

COLI: Community Organization Leadership Initiative

Food for Thought

InfluenceHER 2.0

Programming Idea Lab

Sisterhood President Network

Think Tank

Women in Business Halachah Series

To learn more and support the OU Women's Initiative programming, visit ouwomen.org, support at ouwomen.org/donate, and connect at ouwomen@ou.org.
